

# *Tame Your Laundry*

## 1. Wash clothes less often

This may come as a surprise, but you are washing your clothes too often. Take a look at what you wear at the end of the day, it may be OK to hang it back up. Reality check, this will NOT work for kids

## 2. Use less detergent

Ditto on the detergent. Use at least half of what is recommended! Saves money and your clothes.

More does not mean cleaner.

## 3. Pre-sort your clothes

This will save you time and energy. Have multiple hampers and sort the clothes each evening when you are changing. Get the kids to do the same!

## 4. Prep-Work

When you are taking off your clothes, make sure to inside out it, do not leave sleeves or socks bunched up! The clothes will clean better.

## 5. Spread it out

Don't be a slave to laundry over the weekend, do a load each evening. Put it in when you come home!

## 6. Shorten times

Use the shortest cycle time. Full cycle wears out your clothes and does not clean it any better!

## 7. Spin it again

Rather than put wet clothes right into the dryer, use the spin cycle a second time. It will pull more water out and save you \$\$\$ and your dryer.