

Laundry Lowdown



1. Wash clothes less often

This may come as a surprise, but you are washing your clothes too often. Take a look at what you wear at the end of the day, it may be OK to hang it back up. Reality check, this will NOT work for kids

2. Use less detergent

Ditto on the detergent. Use at least half of what is recommended! Saves money and your clothes.

More does not mean cleaner.

3. Pre-sort your clothes

This will save you time and energy. Have multiple hampers and sort the clothes each evening when you are changing. Get the kids to do the same!

4. Prep-Work

When you are taking off your clothes, make sure to inside out it, do not leave sleeves or socks bunched up! The clothes will clean better.

5. Spread it out

Don't be a slave to laundry over the weekend, do a load each evening. Put it in when you come home!

6. Shorten times

Use the shortest cycle time. Full cycle wears out your clothes and does not clean it any better!

7. Spin it again

Rather than put it right into the dryer, use the spin cycle a second time. It will pull more water out and save \$\$\$.